

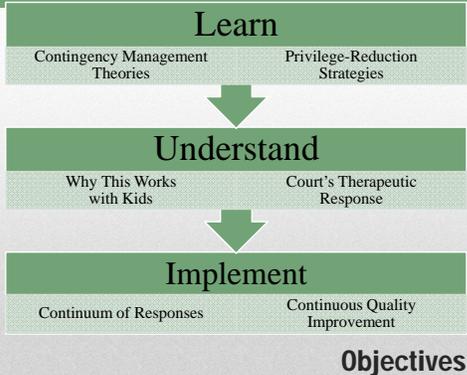
Implementing Contingency Management: Using an MVP in Your JDC

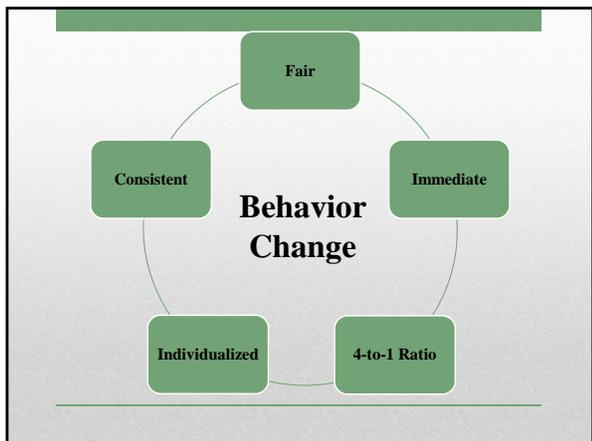
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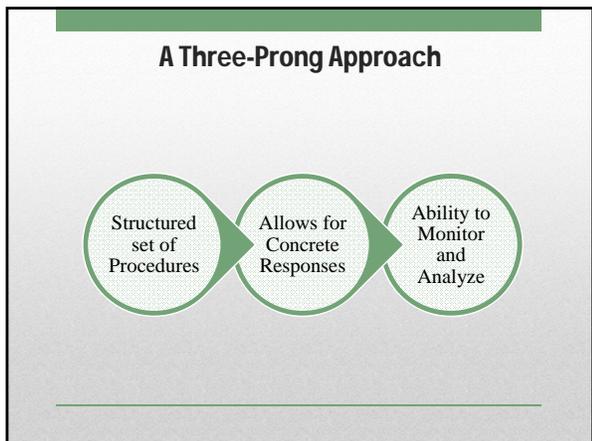
iPhone...

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The iWedding band
Now with tracking device

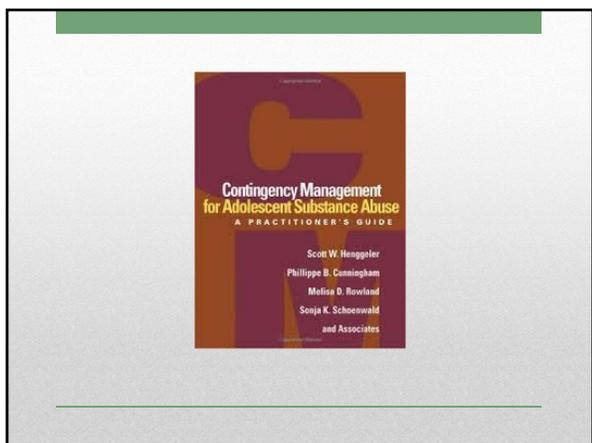
1. Individualized privilege-reduction to gain compliance over a single behavior, dirty UAs AND individualized incentives for clean UAs – Every Single Time!
 2. Individualized contracts to reward and motivate positive behavior change in other areas (school attendance; family connectedness; community involvement).
 3. Program-wide incentives to motivate families to engage in the program, upward phase movement, and promote a strength-based atmosphere.
- The 1st Prong**



“Contingency management incorporates a relatively comprehensive framework in attenuating the negative effects of substance use risk factors while building protective factors such as social skills, family involvement, and contacts with prosocial peers.”

(Contingency Management for Adolescent Substance Abuse: A Practitioner’s Guide by Scott W. Henggeler, Philippe B. Cunningham, Melisa D. Rowland, Sonja K. Schoenwald, and Associates, p. 3)

What is Contingency Management?



- This is a privilege that the youth values and will work hard to earn
- Work with the youth and family to determine what the MVP is, preferably a family-based reward (i.e., video games, cell phone use, time w/ friends)
- The MVP is given or taken away with each drug screen

(Henggeler et al, p. 107-108)

The Most Valued Privilege

When I think about quitting coffee the fear is not that *I* will die...it's that *others* will die, and I will go to jail

What do you need to give up?



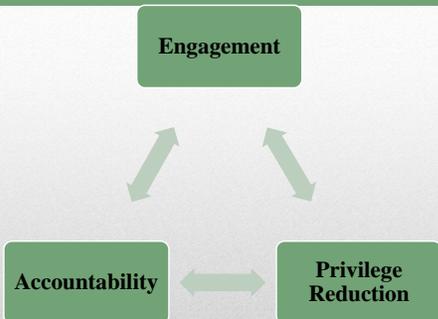
What's your carrot?

- Theories are based on cognitive behavioral therapy, which has been proven to work with adolescents, and is vastly used in outpatient settings
- Provides for a response to dirty UAs that is fair, consistent, and individualized
- In their study of six juvenile drug courts, Henggeler et al (2006) found stronger outcomes for those youth who received MST AND CM than standard process

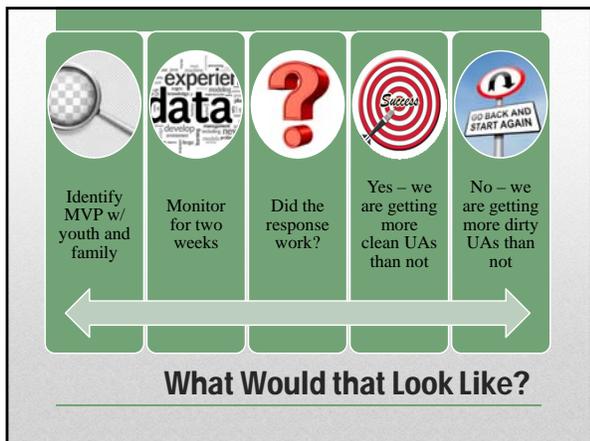
Why?

Practical reasons why JDCs should implement CM

1. This is the court's therapeutic response
2. Decrease discussions about HOW to respond to dirty UAs
3. Decrease discussion about mitigating factors
4. It will help track incentives and/or sanctions that correspond with clean or dirty UAs.

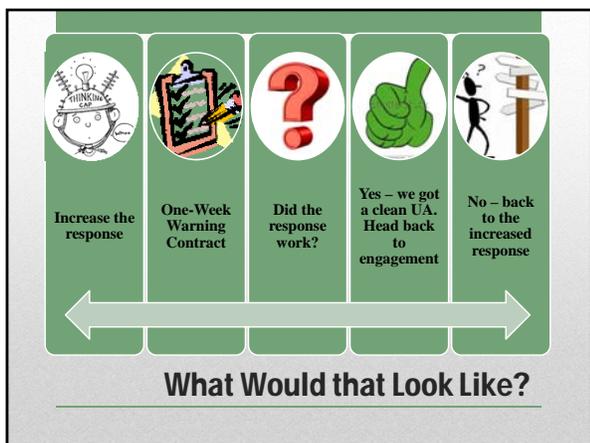


Continuum of Responses



- The team will have to discuss how many times they will "go back to the drawing board" if the MVP selected isn't working...2, 3 times?
- Then a graduated sanction is put in place
- This process gives the team objective measures to count before a graduated response is put in place (i.e., there were ___ # of times the youth did not earn the MVP)

Things to Consider



Goal	Compliance	Non-Compliance	Support
Clean UAs this week	Negative test results	Positive test results	Support from the team (extra calls) TX support (conversation to discuss decisions)
Monday thru Sunday	Contract is signed off as complete	1 hour of clean up after court + the loss of your MVP.	

Signed by youth, caregiver, and case manager

Warning Contract

Week	Continuum of Responses
1	Encouragement
2	Encouragement and setting the stage for negotiations
3	Negotiation (and change MVP, if needed) + encouragement
4	Negotiation and setting the stage for step-up/warning and increased sanction/continued loss of MVP
5	Warning Contract w/ loss of MVP and increased sanction (e.g., two-hour community service right after court)
6	Moving on...increased sanction – weekend house arrest
7	Electronic Monitor – school, home, treatment, and court
8	Judicial Review, w/ possibility of weekend detention
9	Reassessment to determine if a higher level of care is needed

Figuring Out When to Move On...

Special thanks to the Bernalillo County, NM JDC team for mapping this process.

Community Service Hours

- If hours are just piling up...this is no good!
- If the team can't insert immediacy with community service...this is no good!
- If the team isn't incrementally increasing hours...this is no good!

Important!!

When would the team begin this approach?

- Phase One
- Phase Two
- Phase Three
- I don't have enough information



Question



WHICH STEP HAVE YOU REACHED TODAY?

What?
So What?
Now What?



What did you learn?

Contingency Management for Adolescent Substance Abuse: A Practitioner's Guide

by: Scott W. Henggeler, Phillippe B. Cunningham, Melisa D. Rowland, Sonja K. Schoenwald and Associates

Making Sense of Incentives and Sanctions in working with the Substance-Abusing Youth: Answers to Frequently Asked Questions (Juvenile & Family Justice TODAY. 2012, Volume 21, Number 2)

Enhancing the Effectiveness of Juvenile Drug Courts by Integrating Evidence-Based Practices (Journal of Consulting and Clinical Psychology. 2012, Vol. 80, No. 2, 264-275)

Recommended Reading

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Thank You!
