



National Drug Court Institute Drug Court Training

Developing a Phase System and Rules for Your Drug Court ©

Developed by: National Drug Court Institute

© NDCI, February 8, 2015

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BJA
Bureau of Justice Assistance
U.S. Department of Justice

Why have Phases?

Structure

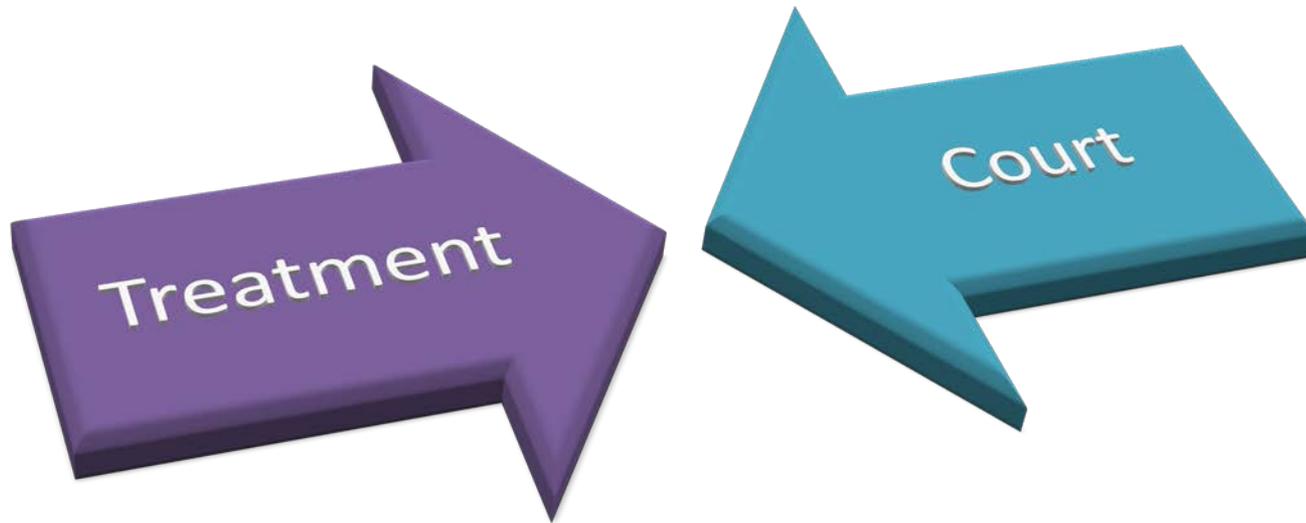
Recovery Process

Incremental Progress





Types of Phases



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Court Requirements



- Comply with Treatment
- Comply with Supervision
- 12 Step / Support Meetings
- Community Service
- Employment
- Program Fees/Court Costs
- Phase Advancement
- Alumni/Continuing Care

Court Requirements

- Court Appearances
- Drug Tests
- Clean Time
- Curfew
- Ancillary Services
- Case Management
- Educational/Vocational Training/GED
- Drug-Free/Pro-Social Activities



Sample Phases



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Practical Application

	High Risk	Low Risk
High Need (severe SUD)	<ul style="list-style-type: none">✓ Status calendar✓ Treatment✓ Pro-social/adaptive habilitation✓ Abstinence is distal✓ Positive reinforcement✓ Self-help/alumni groups✓ 18-24 mos. (~200 hrs.)	<ul style="list-style-type: none">✓ Status calendar (until stable)✓ Treatment (separate milieu)✓ Adaptive habilitation✓ Abstinence is distal✓ Positive reinforcement✓ Self-help/alumni groups✓ 12-18 mos. (~150 hrs.)
Low Need (mild SUD)	<ul style="list-style-type: none">✓ Status calendar✓ Pro-social habilitation✓ Abstinence is proximal✓ Negative reinforcement✓ 12-18 mos. (~100 hrs.)	<ul style="list-style-type: none">✓ Noncompliance calendar✓ Psycho-education✓ Abstinence is proximal✓ Individual/stratified groups✓ 3-6 mos. (~ 12-26 hrs.)



Phase I

Acute Stabilization (60 days)

- Court weekly
- Comply with treatment
- Comply with supervision
- Develop case plan
- Weekly office visit
- Monthly Home visits
- Weekly random drug testing (minimum of 2)
- Address housing
- Obtain medical assessment
- Change people, places and things
- Curfew 9 pm

In order to advance:

Regular attendance at treatment, office visits, being honest
Clean time minimum of 14 consecutive days



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Congratulations





Phase 2

Clinical Stabilization (90 days)

- Court bi-weekly
 - Comply with treatment and supervision
- Review case plan
 - Weekly office visit
 - Monthly Home visits
 - Weekly random drug testing (minimum of 2)
 - Change people, places and things
 - Maintain housing
 - Address medical
- End of the phase begin to focus on Peer Support Groups(e.g., 12 step groups)
- Maintain housing
- Addressing financial (budget assessment)
- Curfew 10 pm





Phase 2

Clinical Stabilization (90 days)

In order to advance:

Compliance with treatment,

Compliance with supervision

Clean time minimum of 30 consecutive days



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Phase 3

Pro-Social Habilitation (90 days)

- Court monthly
 - Comply with treatment and supervision
 - Review case plan
 - Change people, places and things
 - Maintain housing
 - Address medical
- Bi-weekly office visit
 - Monthly Home visits
 - Weekly random drug testing (minimum of 2)
- Begin Criminal Thinking
- Establish sober network
- Establish pro-social activity
- Curfew 11 pm



Phase 3

Pro-social Habilitation (90 days)

In order to advance:

- Compliance with treatment
- Compliance with supervision
- Began pro-social activity
- Began sober support network
- Clean time minimum of 45 consecutive days



Phase 4

Adaptive Habilitation (90 days)

- Court monthly
- Comply with treatment and supervision
- Review case plan
- Change people, places and things
- Maintain housing
- Address medical
- Bi-weekly office visit
- Monthly home visits
- Weekly random drug testing (minimum of 2)
- Maintain Sober Network
- Maintain Pro-social Activity
- Curfew 12 am
- As need based upon assessment:
 - Job Training
 - Parenting/Family Support
 - Vocational Training



Phase 4

Adaptive Habilitation (90 days)

In order to advance:

Compliance with treatment,

Compliance with supervision

Maintain sober support network

Maintain pro-social activity

Began/maintain other areas (employment, etc.)

Clean time minimum of 60 consecutive days



Phase 5

Continuing Care (90 days)

- Court monthly
- Comply with treatment and supervision
- Review case plan
- Change people, places and things
- Maintain housing
- Address medical
- Monthly office visit
- Monthly home visits
- Random drug testing
- Development of continuing care plan
- Maintain Pro-Social Activity
- Maintain Sober Network
- Maintain as need based upon assessment:
 - Job Training
 - Parenting/Family Support
 - Vocational Training



Phase 5

Continuing Care (90 days)

In order to commence:

- Compliance with treatment
 - Compliance with supervision
 - Maintain Pro-Social Activity
 - Maintain Sober Network
 - Maintain as need based upon assessment:
 - Job Training
 - Parenting/Family Support
 - Vocational Training
- Clean time minimum of 90 consecutive days





There's A Lot To Remember



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Sample Weekly Sheet

Date/Day	Time	Activity – Goal	Initials
Monday	06:00 am	Take prescription meds with breakfast	
Monday	08:00 am	Obtain picture I.D.	
Monday	2 – 4 pm	Attend Thinking for Change Group	
Tuesday	1 – 4 pm	Dialectical Behavior Therapy (DBT) Group	
Wed.	1 – 4 pm	Dialectical Behavior Therapy (DBT) Group	
Thursday	1 – 4 pm	Dialectical Behavior Therapy (DBT) Group	
Friday	1 – 2 pm	Individual Session	



Considerations

Population

Accountability

Resources

Culture

Challenges

Realistic &
Recovery Focus



Client Handbook/Contract

